



Information for FLO-TECHs

- A flo-tech-tor is essentially a removable cast for a patient to wear while they recover from an amputation.
- The device consists of one plastic piece, three straps, and a pad for the bottom
- There is also a belt that goes around the waist that can be used if you have problems with the splint slipping down. This belt connects at the “Y” piece with the metal ring just above the knee.
- The white strap and the lower black strap DO NOT NEED TO BE SUPER TIGHT. The most important strap to wear snug is the top black strap. This helps the splint to suspend over your knee cap (patella).
- You should wear the splint as much as possible to protect your healing leg. Ideally, you should only remove the splint to change the dressing/sock, or to clean the device.
- The purpose of the splint is to keep your knee straight and to protect your leg while it heals.
- Wearing the Flo-tech should not cause you excessive pain. Occasionally, patient will feel a stretch behind their knee or some pressure at the sides of their calf. These sensations should never be very painful. If you are experiencing a great deal of pain, you may loosen the straps and call Maggie at (314)604-5724

Cleaning

The plastic can be wiped out with a mild soap and warm water. All straps can be hand washed and line-dried. If you were given any socks to wear with the Flo-tech, those can also be hand washed or placed in the washing machine on the delicate cycle. These socks should also be line-dried. The splint and the accessories should be cleaned every couple of days or whenever it becomes soiled.

Wearing the Flo-tech-tor

For comfort, many patients will use an extension board when sitting or fully straighten the leg rest in their wheelchair. In bed, you are welcome to use a pillow underneath your knee and calf to elevate your limb. On the other hand, allowing the leg to dangle for long periods of time is usually uncomfortable. Should a strap or Velcro become worn or break, please don't hesitate to call our office. These devices are HIGHLY adjustable and frequently need “tweaking” as swelling in the leg comes down.